



Courgette noodles with homemade spinach pesto



Categoria
Vegetariano



Tempo de preparação
Médio



Dificuldade
Médio



Custo
Intermediate



Com quem?
With family



Nº de pessoas
10 pessoas

Ingredientes



3 cups of tea of Gallo Extra Virgin Olive Oil Bio

- 5 courgettes
- 3 handfuls of basil leaves
- 500g of spinach
- 3 tablespoons of lemon juice
- 3 cloves of garlic
- 125g of grated parmesan
- 125g of walnuts
- 500g of cherry tomatoes
- Salt and pepper, to taste

1

With the help of a spiralizer, make spaghetti from the courgettes. Put aside in a bowl.

2

Place the basil, spinach, lemon juice, garlic and Gallo Extra Virgin Olive Oil Bio in a blender. Blend until you obtain a green sauce.

3

Put the sauce in a bowl and add salt, parmesan and chopped walnuts.

4

Drain the courgette spaghetti well, add it to the sauce, as well as the tomato, and mix in.

5

Serve immediately.

Produtos utilizados



Bio

Extra Virgin Olive Oil



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