

Steamed egg with minced meat

Categoria	Tempo de preparação	Dificuldade	Custo	Com quem?	Nº de pessoas
Carne	Rápido	Fácil	Intermediate	With family	2 pessoas

Ingredientes

- To taste: Gallo Extra Virgin Olive Oil My First Olive Oil
- 50g of egg
- 25g of pork meat
- Salt, to taste
- Pure water, to taste

Modo de preparação

1. Prepare in advance appropriate amount of Gallo Extra Virgin Olive Oil My First Olive Oil and some salt.
2. Break the eggs into the bowl and stir with chopsticks evenly;
3. Then add approximately 1-1.5 times clean water, beat again, add minced meat, add salt (optional).
4. Cover with cling film, steam for about 10 minutes until egg mixture can be cooked, add a little amount of sesame oil.

Produtos utilizados



My First Olive Oil

Extra Virgin Olive Oil

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