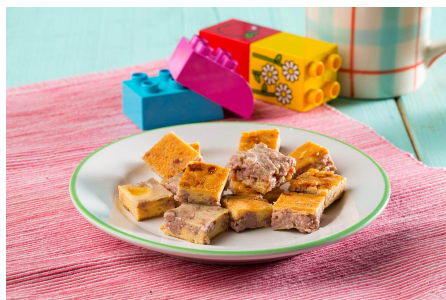




Steamed egg with minced meat



Categoria
Carne



Tempo de preparação
Rápido



Dificuldade
Fácil



Custo
Intermediate



Com quem?
With family



Nº de pessoas
2 pessoas

Ingredientes



To taste: Gallo Extra Virgin
Olive Oil My First Olive Oil

- 50g of egg
- 25g of pork meat
- Salt, to taste
- Pure water, to taste

Modo de preparação

1

Prepare in advance appropriate amount of Gallo Extra Virgin Olive Oil My First Olive Oil and some salt.

2

Break the eggs into the bowl and stir with chopsticks evenly;

3

Then add approximately 1-1.5 times clean water, beat again, add minced meat, add salt (optional).

4

Cover with cling film, steam for about 10 minutes until egg mixture can be cooked, add a little amount of sesame oil.

Produtos utilizados



My First Olive Oil

Extra Virgin Olive Oil



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