



# Braised chicken liver with dried



Tempo de preparação Demorado

Dificuldade Médio

Custo Intermediate

Com quem? With friends

Nº de pessoas 4 pessoas

### Ingredientes



100ml of Victor Guedes Olive Oil

- 500g of chicken liver
- · 200g of dried figs
- 100ml of red Port wine
- 15ml of red wine vinegar
- · Ground pepper, to taste
- · Salt, to taste
- · Chopped onions, to taste
- · Bread, to taste

## Modo de preparação

1

Clean the chicken livers and marinate them in red Port wine and half of the olive oil for an hour.

2

Heat the chopped onions, add the chicken livers and the marinade oil, letting them stew for approximately an hour and a half.

3

On the last 30 minutes, add the figs to the stew. At the end, add the red wine vinegar.

4

Plate it, placing the livers inside rings and letting them cool.

5

Serve with toasted bread slices.

#### Produtos utilizados



Olive Oil Olive Oil



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