



Vegetable soup with almonds



Categoria



Tempo de preparação

Select



Dificuldade

Fácil



Custo

Select



Com quem?

Select



Nº de pessoas

4 pessoas

Ingredientes



100ml of Victor Guedes
Extra Virgin

- 150g of potatoes
- 150g of onions
- 150g of courgettes
- 150g of carrots
- 10g of garlic
- 80g of shredded almonds
- Salt and pepper, to taste

Modo de preparação

1

Place all the diced vegetables in a pan, setting some pieces aside for decorating.

2

Add half of the olive oil, cover and braise over a low heat.

3

Once braised, add water and check the seasoning.

4

Blend well using a hand blender.

5

Toast the almonds.

6

Sauté the vegetables set aside for decorating.

7

Serve the soup with the vegetables, almonds and a drizzle of olive oil.

Produtos utilizados



Extra Virgin
Extra Virgin Olive Oil



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