



Codfish with vegetables and corn bread crust with olives



Receitas de Natal

Tempo de preparação Demorado

Dificuldade Médio

Custo Intermediate Com quem? With family

№ de pessoas 4 pessoas

Ingredientes



💖 100ml Gallo First Crop 2019-2020



💖 10ml Gallo White Balsamic

- · 600g codfish loins
- 200g grated zucchini
- 125g grated eggplant
- 125g red onion
- 125g grated corn bread
- 50g chopped black olives
- · Salt and ground pepper to taste

Modo de preparação

Cook the codfish without the skin and bones. 1

raise the onions in olive oil, adding the vinegar at the end. 2

Sauté the eggplant and the zucchini separately, also in olive 3 oil.

Layer all elements, starting with the onion and ending with 4 the grated bread mixed with the olives.

Cook in the oven to finish. The dish is ready when the bread is 5 dry and brown. Serve with a mixed salad, seasoned with vinaigrette (2/3 olive oil + 1/3 vinegar).

Produtos utilizados



First Crop 2019-2020 Extra Virgin Premium Olive Oil



White Balsamic

Premium Vinegar



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